### Sai Vibrionics...towards excellence in affordable medicare - free to patients

## Sai Vibrionics Newsletter

#### http://www.vibrionics.org

"Whenever you see a sick person, a dispirited, disconsolate or diseased person, there is your field of seva."
...Sri Sathya Sai Baba

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## **∞**From the Desk of Dr Jit K Aggarwal **∞**

#### Dear Sai Vibrionics Healer

This, the first *Sai Vibrionics Newsletter*, is being sent to you and all healers who registered their e-mail address with us. The Newsletter is an opportunity to connect with Vibrionics healers around the world and offer love, information, knowledge and encouragement on an on-going basis. We hope the Newsletter will become a useful way of passing on instruction, suggestions and ideas in connection with Vibrionics Seva, as well as answer questions and share any useful health or lifestyle information that has come to our attention. We plan to share the results of recent cases we think will be of interest or inspiration to you when treating your own patients.

How frequently we send out the Newsletter will depend on the response we receive from our healers. This is your Newsletter. We are looking for case details from you about a patient's Vibrionic healing (human, animal or plant) or about a Vibrionics clinic or camp where you have participated. We invite you to submit your questions about remedies or treatments or other aspects of practicing Vibrionics, or send other news and helpful information to share with healers. The email address to send your feedback to is <a href="mailto:news@vibrionics.org">news@vibrionics.org</a>

Meanwhile, we hope you find this new venture of interest and of help. We look forward to receiving any feedback you may wish to give that will enable our Newsletter volunteers to continue the Newsletter project with enthusiasm and success.

In Sai Service Jit Aggarwal

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For the third consecutive year, the Lord in human form, Bhagawan Sri Sathya Sai Baba showered His blessings in abundance on the entire Vibrionics team by providing a golden opportunity to present the Sai Vibrionics cake and *prasadam* at His Lotus feet on the auspicious occasion of Guru Purnima.

At the beginning of July, a team of Vibrionics practitioners from Japan reached Parthi to begin preparations for Guru Purnima. Assisted by local volunteers, the team prepared and packaged 15,000

packets of *prasadam*. Greek devotees prepared the beautiful Sai Vibrionics cake. There was great excitement amongst the Vibro team on the eve of Guru Purnima when Swami directed the *prasadam* to be distributed to all those seated in Sai Kulwant Hall.

The next day, Guru Purnima, Swami came out of His residence, Yajur Mandir, only in the afternoon. Students and devotees sang beautiful Guru bhajans as Swami made His way through Sai Kulwant Hall. As Swami approached the verandah, the Vibrionics team humbly offered Him a rose. After accepting the rose, the Lord graciously lit the flower-shaped candle (made by an Italian practitioner) and, with a beautiful smile on His face, graciously cut the Sai Vibrionics cake. Following the music program, Swami blessed more *prasadam* and, to the delight of all, He handed the little packets to the performing artists.

# **∞**Ingredients For Successfully Practicing Vibrionics**∞**

Even though, on the whole, the response from patients to Vibrionics has been excellent, we're all puzzled, once in a while, when patients with the same problem respond differently to the same remedy. We also sometimes wonder why one remedy works better for one practitioner and not so well when someone else prescribes it.

Several factors come into the equation but of them all, **FAITH** tops the list. Here we are talking about the Faith of the practitioner – his Faith in the power of each remedy to heal, his Faith in the latent *shakti* that our beloved Master has infused in each one of the 108 Common Combos. Right from the start Swami, in His gracious physical form, blessed the system of Vibrionics. On countless occasions, He has reassured us that He is the healing force behind this system – while we are all mere instruments, He is the One who cures. It was His hand that guided the creation of the 108 Combos and His hand alone guides their use.

All practitioners must have the Faith that they are a channel of Swami's will and compassion to help their fellow beings. As important as it is for practitioners to have faith, it is also important that patients be encouraged to believe that they can be cured. As Jesus said once to someone who pleaded for healing, "Go, your faith has made you whole". With the Faith of both the healer and the patient, *anything is possible*.

The next most potent ingredient in the healing process is **LOVE**. When a practitioner with faith has decided which remedy to administer, he must open his heart to the patient with love and compassion. Swami Himself, in numerous discourses, has reiterated how treating a patient with love can spur on the healing process. In fact, love can prove more efficacious in healing than the remedies we may prescribe! Every practitioner should send a loving prayer for each patient. We must strive to radiate pure love without any trace of ego or self-importance.

The third ingredient which takes over is **TRUST**. The practitioner has to trust that patients are being given exactly what they need. Some patients may become absolutely alright with the combos given. Other patients may not feel the full benefit of the remedies. We have to understand that, as human beings, we can only see the patient, his ailment and the healing on a physical level. All we can do is to Trust in the Lord and believe that the patients are being given what they need, to bring about a complete healing in not just the body but also in the mind and spirit.

Swami always says, "Do your best, Let Sai do the rest!" All we need to do is to carry out this wonderful seva that Swami has given us with **FAITH, LOVE and TRUST** and He will take care of the results.

## **™**Case Histories Using Common Combos**™**

#### 1. Case of Pulmonary Thrombo-embolism

A 31 year-old woman was suffering from blood clots (thrombus), causing obstruction to both pulmonary arteries. She was breathless and unable to do any kind of work. She was taken to the hospital for emergency treatment, but the family did not have enough money to pay for the operation that the doctors said was necessary. In desperation they got in touch with a practitioner of Vibrionics and the lady was immediately put on the following Common Combos:

CC2.3 Tumours and growths + CC3.1 Heart Tonic + CC19.3 Asthma + CC19.4 Asthma emergency ...QDS.

Within a month the lady was completely well. The doctors were astonished to find that her angiography reports showed that all her veins and arteries were clear. There was absolutely no sign of thrombus.

#### 2. Complete Healing of Multiple Myeloma

A 51 year-old man was diagnosed by doctors as suffering from a type of bone marrow cancer. He had been completely bedridden for a year and had a fracture in his shoulder joint. Doctors had given up hope of him ever recovering. He came to a Vibrionics practitioner who started him on:

\_CC2.1 Cancer + CC2.2 Pains of Cancer + CC2.3 Tumours and growths + CC12.1 Adult Tonic + CC20.2 Skeletal Pain + CC20.3 Arthritis + CC20.4 Muscles and supportive tissues + CC20.5 Spine + CC20.6 Osteoporosis + CC20.7 Fractures

In just one week's time the patient's condition started to improve. Within 15 days he could get up and walk, despite being bedridden for a whole year. Four months later he could go back to work and his mBAND analysis showed no trace of cancer.

#### 3. Paralysis of Throat

A 54 year-old man suffered from a paralytic stroke resulting in loss of speech and a paralysed throat. Although he was not diabetic the doctors thought that this could be a case of 'silent hypertension'. The patient had to be fed through a pipe directly to his stomach. The man's son met with a Vibro practitioner who gave him the following combos for his father:

#### CC18.1 Brain & Memory Tonic + CC18.4 Stroke + CC19.7 Throat ...QDS

The boy administered the pills to his father orally and within just 3 days the patient was able to swallow and even speak! The patient still suffers from some memory loss but continues to take the Vibro Combos and is undergoing physiotherapy to aid his complete recovery.

#### 4. Liver Cancer Patient's Treatment

A 67 year-old woman was diagnosed as having cancer of the liver with multiple complications such as fluid in the abdomen. The abdomen had to be tapped on a regular basis. She had swelling in both knee joints and an enlarged gall bladder. She was also diabetic with high BP, and suffered from constipation and insomnia. The doctors told her that she had only 3 months left to live. She was given the following Common Combos by a Vibro practitioner:

CC2.1 Cancer + CC2.2 Pains of Cancer + CC2.3 Tumours and growths + CC4.2 Liver & Gall Bladder Tonic + CC6.3 Diabetes + CC12.1 Adult Tonic + CC19.3 Asthma + CC19.4 Asthma emergency + CC20.3 Arthritis + CC20.6 Osteoporosis

Within a week of taking the above combos, she went off most of her allopathic medication. Nine months later her health had improved, the pleural effusion had subsided and her blood sugar had come within normal range. A once bedridden woman, she was now able to do her normal routine work. Despite doctors giving her 3 months to live, she enjoyed an active life for two years before she peacefully left her body.

### **63The Answer Corner** 20

1. Question: How many Vibrionics practitioners are there?

**Answer:** Free Vibrionics treatment is available in 81 countries by more than 4,000 Vibrionics practitioners.

**2. Question:** During treatment of a patient for a chronic problem, he got the flu. Should I stop the treatment for the chronic problem while dealing with this acute condition?

**Answer**: By stopping the remedy for the chronic disorder for 1 or 2 days, it may help to cure the acute problem faster! However, you may continue with the chronic treatment while dealing with the acute problem (e.g. flu) that may last a few days. Some patients prefer to take both remedies.

**3. Question**: How do I prescribe for a disease that appears to be "karmic"?

**Answer:** It is not a good idea to discuss with your patient 'karma' in relation to his disease. Leave the karma issue between the patient and God. Our job is not to judge but to do our very best to serve the patient with love. Therefore, treat as usual.

Do you have a question for Dr. Aggarwal? Send it to him at news@vibrionics.org

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### Spivine Words from the Healer of Healers ■

"Eat in moderation and live long. This is the advice handed down through the ages by the seers of the past. This advice is seldom heeded. People fill themselves with such large quantities of food then they find it hard to rise from the eating plate. Ruining their digestive system by consuming heavy, rich foods, the affluent are proud when they host costly banquets. Those who know that physical health is the greatest treasure, take great care to eat only Sathwic food."

...Sathya Sai Baba, Sathya Sai Speaks, Vol XI

"Man is functioning by the combination of three forces: Radiation, Vibration and Materiality. It is called Prakrithi. Praana Shakthi makes it vibrate. The Prajna Shakthi directs this vibration, which is consciousness (awareness). Thus man's life is a combination of consciousness, vital force and matter. Without realizing this fact, man is always keen on looking after the body alone, with the wrong conception that the body is all-powerful.

All of you know that America (USA) is considered to be a land of plenty where there is no dearth of food. So the people eat well and enjoy material pleasures. They consume excessive food and lead a life of luxury. But we find that there are more deaths owing to heart diseases in that country than in other countries.

Sweden is a very affluent country in Europe and the government is also providing all possible comforts and looks after the people well. In spite of such prosperity, there are more suicide cases in this country than anywhere else and the number of divorce cases is plenty. What is the cause for this? It is not lack of any physical or material facilities but lack of spiritual outlook that is responsible for such a situation. It is because they identify themselves with the body, which is perishable and impermanent, and are ignorant about the Real Inner Self that is the permanent and eternal entity. They lead an artificial life." ... Sathya Sai Baba, Sathya Sai Speaks, Vol XXVI

"The relationship between man and society is the same as that between the honeybee and the flower. Just as the child is fed by mother's milk, as the honeybee is fed by the honey in a flower, man must enjoy the gifts of Nature. From time immemorial man has been plagued by negative ideas. There is a legendary tale in which one greedy man killed the goose that laid golden eggs thinking that he can extract all the eggs from it in one lump. Such acts of folly are committed freely by scientists today by exploiting Nature's gifts beyond all limits, creating disastrous imbalance resulting in natural calamities such as earthquakes, spelling danger to humanity. We cannot blame science for this. Those who apply the scientific discoveries without discrimination are to be blamed for this. They fail to consider with deep deliberation the effects of excessive depletion of the natural resources."

Sathya Sai Baba, Sathya Sai Speaks, Vol XXVI

## **∞Health Tips**∞

Do you enjoy drinking cold beverages with your meals? For those who like to drink cold water or beverages with their meals, be aware of a danger. While it may be enjoyable to have a cold drink with a meal or after a meal, the cold liquid will solidify any oily foods just consumed and slow down digestion. Once this "sludge" reacts with the stomach's acid, it will break down and be absorbed by the intestine faster than the solid food. It will line the intestine and very soon, this will turn into fat that can lead to cancer. It is best to drink hot soup or warm water after a meal. The Chinese and Japanese drink hot tea with their meals, not cold drinks. Maybe it is time we adopt their drinking habit while eating.

A Serious Note About Heart Attacks: Women should know that not every heart attack symptom is going to be the left arm hurting. They may never have chest pain during the first course of a heart attack. Nausea and intense sweating are also common symptoms. Be aware of intense pain in the jaw-line. 60% of people who have a heart attack while they are asleep do not wake up. Pain in the jaw can wake a person from a sound sleep. Let's be careful and be aware. The more everyone knows, the better chance for survival.

If you know of Sai Vibrionics healers who you think would be interested to receive the *Sai Vibrionics Newsletter* but have not registered their e-mail address with us, tell them to make contact at news@vibrionics.org and we will add them to our e-mail address list.

Jai Sai Ram!

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